



CONTEXT BARCELONA RESTAURANT GUIDE

FOR THE CURIOUS.

Welcome, curious traveler. At Context, we believe that exploring a city's food is one of the most authentic ways to understand its culture. You're not just looking for a meal — you're hungry for the stories behind each dish, the traditions that shaped them, and the local flavors that make Barcelona unique.

Our experts have curated this guide to share their favorite food and drink spots in Barcelona. Whether it's savoring a refreshing vermut in a lively tapas bar or indulging in sweet treats at a traditional Catalan café, each recommendation is handpicked to give you a deeper taste of the city's culinary soul.

Travel with Context and experience Barcelona's food scene through the eyes of those who truly know it — because every bite tells a story, and we're here to help you savor it.



Personal Favorites from a Local Guide

Ester is a Barcelona native and grew up cooking with her mother and grandmother. Their love of local traditions and ingredients laid the basis of her deep knowledge of Catalan cuisine.

Lluerna | [Menu](#) | [Location](#)

Traditional Catalan cuisine

“You'll have to use the metro system to get there. It's safe and it's fast, and from the station where you exit, it's a five minute walk. When you arrive, you'll have fair prices, a nice atmosphere, and a small number of people. It's not a huge restaurant, it's feels like a private experience run by husband and wife. The husband is the chef, his wife is a sommelier. They have options for vegetarians and vegans, and everything is farm to table local. It's really great to discover everything seasonal we have nearby.”

Terraza Miramar | [Menu](#) | [Location](#)

Mediterranean cuisine with stunning views

“This is an excellent place to eat seafood, they prepare amazing rice dishes as well. But there are options as well for people who enjoy other things, like Mediterranean cuisine, salads, maybe some meat. It's great for everybody. I like to go for lunch; the location is amazing because it gives you views of the marina of the port.”

COFFEE & GELATO

OMA COFFEE | [Menu](#) | [Location](#)

Fantastic neighborhood coffee shop, serving from the best roasters in Barcelona.

Mollo Coffee | [Menu](#) | [Location](#)

Serving specialty coffee, local cold drinks, natural wines, gourmet sandwiches, and pastries crafted by in-house pastry chefs.

Paral·lelo Gelato | [Menu](#) | [Location](#)

Artisanal ice cream shop offering a variety of unique and creative flavors, made with seasonal, locally sourced, and organic ingredients.

Merle Coffee | [Instagram](#) | [Location](#)

Located near Sagrada Família, this cozy café provides an oasis in a rather hectic area. The name is inspired by the owners' dog's hair type.

Café Fargo | [Instagram](#) | [Location](#)

Also located close to Sagrada Família, this cafe is a local favorite with friendly owners.

BREAKFAST OR BRUNCH

Billy Brunch | [Menu](#) | [Location](#)

Classic local brunch spot serving eggs, pancakes & breakfast staples all day, with a selection of cocktails.

Nonna's Brunch | [Menu](#) | [Location](#)

Family owned brunch spot serving eggs, pancakes & breakfast classics, plus cocktails.

Alice Secret Garden | [Menu](#) | [Location](#)

Whimsically decorated café with a leafy courtyard, offering cakes, pies & brunch.

PETIT POT CAFE | [Menu](#) | [Location](#)

Café that offers brunch, patacones, pancakes, bagels, ceviche, and hamburgers.

Ugot Brucherie | [Menu](#) | [Location](#)

Coquettish restaurant that offers creative Mediterranean brunch, artisan cakes, cocktails, and specialty coffee in a vintage atmosphere.

FLAMENCO

Combining song, dance, and guitar, flamenco was born in the Andalusia region. Take in a local show and celebrate its history as a passionate and dynamic art form.

PALAU DALMASES | [Menu](#) | [Location](#)

A high energy, one hour show in a 17th Century Palace where you will be able to see various world class performers.

Tablao de Carmen | [Menu](#) | [Location](#)

A traditional Flamenco show in an intimate space, while offering dinner, tapas and/or drinks.

QUICK BITES

Dillos - Bocadillos de Autor | [Menu](#) | [Location](#)

A signature sandwich bar with homemade ingredients and Latin American influences.

Bo de B | [Menu](#) | [Location](#)

Offers fresh sandwiches and salads with a variety of products that combine flavors from Greece, India, Africa and Europe.

Flash Flash | [Menu](#) | [Location](#)

Delicious Spanish omelets, both sweet and savory, served in a stylish setting featuring decor inspired by black-and-white photography.

Parking Pizza | [Menu](#) | [Location](#)

Authentic and relaxed atmosphere, with a focus primarily on gourmet pizzas.

LOCAL FAVORITES

El Chigre 1769 | [Menu](#) | [Location](#)

Tapas restaurant serving classic Catalan & Asturian dishes alongside cider, vermouth & regional wines.

La Pepita | [Instagram](#) | [Location](#)

Catalan seafood, creative desserts and sangria jugs, in an arty, modern space with a patio.

Casa Inés | [Instagram](#) | [Location](#)

A hidden gem in the heart of Barcelona with a quaint atmosphere.

Japonesa | [Menu](#) | [Location](#)

A cozy restaurant serving authentic Japanese cuisine.

Can Majo | [Menu](#) | [Location](#)

A family run, beach side restaurant serving seafood, market produce & paella.

Xiringuito Escribà | [Menu](#) | [Location](#)

Mediterranean seafood restaurant, with sea views, an open kitchen & house paella.

VIEWS

Restaurante Casa Luz | [Menu](#) | [Location](#)

Mediterranean dishes with local and authentic flavors inspired by Barcelona.

Tope | [Menu](#) | [Location](#)

Fresh and fun taqueria specializing in tasty tacos, tostadas, mezcal cocktails and chilled beers with views of Barcelona.

La Terraza de Anna | [Menu](#) | [Location](#)

A terrace where you can enjoy tapas, first courses, second courses, desserts and delicious cocktails.

Los Caracoles | [Menu](#) | [Location](#)

Still owned by a Catalan family, they serve a delicious traditional Catalan bread with tomato spread on it. If you can, try to get a table on a balcony overlooking the cooking area.

TAPAS AND BARS

Cerveseria Vaso de Oro | [Instagram](#) | [Location](#)

Tapas, desserts & draft beer are served in this lively, established bar with a casual vibe.

Bar Can Sardi | [Instagram](#) | [Location](#)

Relaxed & classically tiled restaurant serving Sardinian-style seafood, with cheese plates & tapas.

La Palmera | [Menu](#) | [Location](#)

Catalan tapas & robust main dishes in a charming, rustic old grocery store lined with wine bottles.

Els Quatre Gats | [Menu](#) | [Location](#)

Opened in 1897, this café became a popular meeting place for famous artists such as Picasso and Casas i Carbo throughout the modernist period.

El Set | [Instagram](#) | [Location](#)

Located in Barcelona's Gothic Quarter, the menu offers diverse dishes and excellent Spanish wines.

El Velódromo | [Menu](#) | [Location](#)

This was the place where intellectuals met during Franco's dictatorship. Try the fresh, unpasteurized beer directly from the Fàbrica Moritz Barcelona.



GET THE
GOOGLE MAP LIST